

APPLIED ARTS DIVISION
School of Liberal Arts
Winter, 2017



COURSE OUTLINE

PSYC 101

INTRODUCTION TO PSYCHOLOGY II (ONLINE)

**45 HOURS
3 CREDITS**

PREPARED BY: James McClelland DATE: October, 2016

APPROVED BY: DATE:

APPROVED BY ACADEMIC COUNCIL: (date)

RENEWED BY ACADEMIC COUNCIL: (date)



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APPLIED ARTS DIVISION
Psyc 101 (Online delivery)
3 Credit Course
Winter, 2017

INTRODUCTION TO PSYCHOLOGY II

INSTRUCTOR: R. James McClelland, Ph.D.

OFFICE HOURS: Monday 10:30 - 12:00

OFFICE LOCATION: A2911A

CLASSROOM: 1-866-428-1156
Passcode 656853

E-MAIL: jmcclelland@yukoncollege.yk.ca

TIME: Conference Call Monday
4:00-5:00 p.m.
-Mid-Term Exam Rm A2206
February 27th 9:00–10:30 a.m.
-Final Exam Rm TBA
(Will be same date and time as
PSYC 101 face-to-face – T.B.A.)

TELEPHONE: (867) 668-8867

DATES: January 1st - April 21st

COURSE CALENDAR DESCRIPTION

Continues the survey of all the major content areas of psychology begun in PSYC 100. The course covers development, personality, stress and health, psychopathology, therapy, and social psychology.

COURSE DESCRIPTION

Introductory Psychology 101 is the second half of a survey course of all of the major content areas of Psychology. Both Introductory Psychology 100 and 101 cover basic research methodology and current research in the various subject areas, and the basic knowledge and major theories of the field. Introductory Psychology 100 provided an overview of the following areas of psychology: history of psychology, research methods; biological basis of behaviour, sensation and perceptual processes; variations in consciousness, learning, human memory, and language and thought. This course, Introductory Psychology 101, continues the survey of the field with explorations of psychological assessment, motivation and emotions, human development, personality theory, stress and health, psychopathology, therapy, and social psychology.

PREREQUISITES

None

EQUIVALENCY OR TRANSFERABILITY

ALEX PSYC 101 (3)	AU PSYC 290 (3)	CAMO PSYC 130 (3)
CAPU PSYC 101 (3)	KPU PSYC 1200 (3)	NIC PSY 131 (3)
OC PSYC 121 (3)	TRU PSYC 1210 (3)	TRU-OL PSYC 1211 (3)
TWU PSYC 106 (3)	UFV PSYC 102 (3)	UNBC PSYC 102 (3)
UVIC PSYC 100 B (1.5)	VIU PSYC 112 (3)	UAF PSYC 102 (3)
UAS PSYC 102 (3)	UR PSYC 101 (3)	

SFU PSYC 1xx (3); YUKO PSYC 100 & YUKO PSYC 101 = SFU PSYC 100 (3) - B - Soc & SFU PSYC 102 (3) - B Soc
UBC PSYC 1st (3). YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6).
UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSY 111 (3) & UBCO PSY 121 (3)

This information refers to the current course and is taken from the BC Transfer Guide. Please consult bctransferguide.ca for the complete list of transferability that includes older versions of this course. This course is accepted for transfer by other institutions on a case-by-case basis. For more information about transferability please contact the Liberal Arts Office.

LEARNING OUTCOMES

Upon successful completion of the course, which includes timely submission of *all* assignments, students will:

- demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- develop an understanding of basic theories and research methods in psychology
- critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- demonstrate applied psychology research skills

COURSE FORMAT

This is an online course. You must have access to a computer, reliable Internet service, and telephone for Monday's conference calls. The course will consist of reading the first eight chapters in the electronic textbook, conference call connect time, two multiple-choice exams taken at the college, and the completion of the MindTap supplementary materials.

ASSESSMENTS

Attendance/Participation

Students are expected to keep up with the readings using the syllabus as a guide, complete all MindTap assignments in a timely fashion around the dates indicated in the syllabus, and critically analyze the material presented in the course. They are also expected to attend the weekly evening (4:00 p.m. to 5:00 p.m.) conference call to discuss the concepts assigned for that week and deal with any questions or concerns.

Assignments

All assignments must be completed before April 21st. No assignments will be accepted after April 21st.

Examinations

There will be an exam following the completion of the first four chapters and another after the second four chapters. The first multiple-choice test will be on chapters 9 through 12 and is scheduled for Monday, February 27th in room A2206 between 9:00 a.m. and 10:30 a.m. The second required exam covers chapters 13 through 16 and will be at the date, time, and place to be scheduled for the face-to-face Winter term of Introduction to Psychology 101. The exam schedule for this class will lie sometime between the 10th and 21st of April (Final Exam period). Students in Psychology 101 (Online) must be prepared to write their final exam at Yukon College during this announced time. Alternate arrangements will not be made for students unable to write the midterm or final examination at the scheduled time/date unless exceptional circumstances prevail and the instructor has given approval in advance. Final exam schedules for courses offered at Yukon College generally are formally announced approximately two weeks before the last scheduled face-to-face class on the 7th of April. Students must make arrangements to write both their February and April exam at the scheduled time at Yukon College. Students residing outside Whitehorse should check with the Instructor (Dr. James McClelland, 668-8867) or the Chair of Liberal Arts (Dr. Victoria, Castilo 456-8615) before signing up for the course if they will require alternate online test administration arrangements. Students requiring alternative testing administration must arrange for an appropriate proctor. The Proctor must be approved by the Chair of Liberal Arts. The arrangements for alternative online test administration must be completed by January 27, 2017.

EVALUATION

Attendance/Participation 10%

Regular attendance is expected for the conference call scheduled on Monday 4:00 p.m. until 5:00 p.m. Participation is evaluated through completion of the MindTap exercises including the pre-test and study tool assignments (multiple choice, true/false, fill in the blank, video and power visuals). Missed conference calls and incomplete Mindtap assignments will result in a reduction of the Attendance/Participation mark.

Two Unit Exams Due: February 27th and sometime between April 10th and 21st 40%

Two multiple-choice exams are scheduled for this course. One will be on Monday, February 27th on chapters 9, 10, 11, and 12 in Room A2206 from 9:00 a.m. until 10:30 a.m. The other will be sometime during Yukon College's Final Exam period, April 10th to 21st. The second exam will cover chapters 13, 14, 15, and 16 and will occur when and where the face-to-face class of Introduction to Psychology 101 will be writing their final exam. Both multiple-choice exams are valued at 20% each with the combined total contributing 40% towards the final grade in the course.

Aplia Assignment from MindTap 30%

Aplia assignments are meant to enhance engagement and promote critical analysis of key ideas in the chapter. Students are expected to complete all Aplia assignments for each of the eight chapters.

Post-Tests (Chapter 9 through 16) from MindTap 20%

Students are expected to complete all Post-Test exams for each of the eight chapters.

Note: The Aplia Assignments and Post-Tests exams will be reported in the Mindtap gradebook out of a total of 100%. To determine your final mark for Introduction to Psychology 101 (Online) divide your MindTap mark by two for the 50% weighting in this course and add your two Yukon College exam scores (February 27th exam 20% and April TBA exam 20%) and your attendance and participation mark (10%) to equal 100% of your Final Grade. (i.e. 50% MindTap + 20% Exam one + 20% Exam two + 10% Attendance/Participation = 100%)

All evaluative components for this course are compulsory, and must be completed in

order to pass the course

REQUIRED TEXTBOOKS AND MATERIALS

ONLINE BOOK: Weiten, W., & McCann, D. (2016). *Psychology: Themes and Variations*, (Fourth ed.). Cengage Learning, Toronto: Nelson Education. Purchase MINDTAP ISBN 9780176598211 which provides the electronic textbook and access to MINDTAP resources. Students will register in course <https://login.nelsonbrain.com/course/MTPQG5SP9NRB> .

LORENE ROBERTSON WRITING CENTRE

All students are encouraged to make the Lorene Robertson Writing Centre a regular part of the writing process for coursework. Located in Room C2211 (in the College Library), the Writing Centre offers writing coaching sessions to students of all writing abilities. For further information or to book an appointment, visit the Centre's website: [dl1.yukoncollege.yk.ca/Writing Centre](http://dl1.yukoncollege.yk.ca/Writing%20Centre). At the instructor's discretion, students may be required to attend Writing Centre coaching sessions during the composition process of their paper(s) as a condition of assignment completion. At the instructor's discretion, students may be required to attend Writing Centre.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the Academic Regulations:
http://www.yukoncollege.yk.ca//downloads/Yukon_College_Academic_Regulations_and_Procedures_-_August_2013_final_v1.pdf

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukoncollege.yk.ca/yfnccr.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or lassist@yukoncollege.yk.ca.

TOPIC OUTLINE

PSYC 101 - Fall 2017 - Syllabus

Dr. R. James McClelland

Week One and Two January 1 through January 13

- WELCOME
 - Read through course outline and syllabus
 - Review assignments/presentation
 - Look through textbook and MINDTAP supplemental materials
- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9)
 - Key concepts in psychological testing
 - The evolution of intelligence testing
 - Debate about the structure of intelligence
 - Basic questions about intelligence testing
 - Extremes of intelligence
 - Heredity and environment as determinants of intelligence
 - New directions in the assessment and study of intelligence
 - Putting it in perspective: Themes 3, 5, and 6
- CONFERENCE CALL JANUARY 9TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTAP: CHAPTER 9 - PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTER 9 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Three and Four January 14 through January 27

- MOTIVATION AND EMOTION (CHAPTER 10)
 - Motivational theories and concepts
 - The motivation of hunger and eating
 - Sexual motivation and behaviour
 - The need to belong: Affiliation motivation
 - Achievement: In search of Excellence
 - The elements of emotional experience
 - Theories of emotion
 - Putting it in perspective: Themes 2, 3, 4, 5, and 6
- CONFERENCE CALL JANUARY 16TH & JANUARY 23RD PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTAP: CHAPTER 10 - PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK FOR (PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTER 10 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Five and Six January 28 through February 10

- HUMAN DEVELOPMENT ACROSS THE LIFE SPAN (CHAPTER 11)
 - Progress before birth: Prenatal development
 - The wondrous years of childhood
 - The transition of adolescence
 - The expanse of adulthood
 - Putting it in perspective: Themes 2, 3, 4, 5, and 6
- CONFERENCE CALL JANUARY 30TH & FEBRUARY 6TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTAP: CHAPTER 11 - PRE-TEST, MULTIPLE CHOICE; TRUE/FALSE; FILL IN THE BLANK; VIDEOS: DECODING THE BRAIN AND MIRROR NEURONS (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTER 11 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Seven and Eight February 11 through February 24

- PERSONALITY: THEORY, RESEARCH AND ASSESSMENT (CHAPTER 12)
 - The nature of personality
 - Psychodynamic perspectives
 - Behavioural perspectives
 - Humanistic perspectives
 - Biological perspectives
 - Contemporary empirical approaches to personality
 - Culture and personality
 - Putting it in perspective: Themes 2, 3, and 5
- CONFERENCE CALL FEBRUARY 13TH ONLY PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTAP: CHAPTER 12 - PRE-TEST, MULTIPLE CHOICE; TRUE/FALSE; FILL IN THE BLANK; VIDEO: THE AMES ROOM; AND POWER VISUALS: HUMAN SKIN, THE HUMAN EYE, THE HUMAN EAR, TONGUE AND TASTE, AND THE OLFACTORY SYSTEM FOR PARTICIPATION MARKS
- COMPLETION OF MINDTAP: CHAPTER 12 - POST-TEST AND APLIA ASSIGNMENT FOR GRADING
- **NOTE: MID-TERM EXAM COMING IN WEEK NINE (FEBRUARY 27TH AT THE COLLEGE)**

Week Nine and Ten February 25 through March 10

- **MID TERM EXAM - CHAPTERS 9 THROUGH 12 (FEBRUARY 27TH AT THE COLLEGE ROOM A2206 FROM 9:00 A.M. UNTIL 10:30 A.M.)**
- SOCIAL BEHAVIOUR (CHAPTER 13)
 - Person perception: Forming impressions of others
 - Attribution processes: Explaining behaviour
 - Close relationships: Liking and loving
 - Attitudes: Making social judgments
 - Conformity and obedience: Yielding to others
 - Behaviour in groups: Joining with others

- Social neuroscience
- Putting it in perspective: Themes 1, 5, and 7
- CONFERENCE CALL MARCH 6TH ONLY PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTAP: CHAPTER 13 - PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTER 13 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Eleven and Twelve March 11 through March 24

- STRESS, COPING, AND HEALTH (CHAPTER 14)
 - The nature of stress
 - Major types of stress
 - Responding to stress
 - The effects of stress on psychological functioning
 - The effects of stress on physical health
 - Factors moderating the impact of stress
 - Health-impairing behaviour
 - Reactions to illness
 - Putting it in perspective: Themes 4 and 7
- CONFERENCE CALL MARCH 13TH & MARCH 20TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTAP: CHAPTER 14 -PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTERS 14 -POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

PLEASE NOTE CHAPTER 16 READINGS NEED TO BE COMPLETED BEFORE APRIL 9TH IN ORDER TO BE PREPARED FOR AN EARLIER SCHEDULED FINAL EXAM DATE.

Week Thirteen and Fourteen March 25 through April 7

- PSYCHOLOGICAL DISORDERS (CHAPTER 15)
 - Abnormal behaviour: Myths, Realities, and controversies
 - Anxiety, obsessive-compulsive, and post-traumatic stress disorders
 - Dissociative disorders
 - Mood disorders
 - Schizophrenia
 - Personality disorders
 - Disorders of childhood
 - Psychological disorders and the law
 - Culture and pathology
 - Putting it in perspective: Themes 3, 4, 5, and 6
- CONFERENCE CALL MARCH 27TH & APRIL 3RD PHONE 1-866-428-1156 Passcode 656853

- COMPLETION OF MINDTAP: CHAPTER 15 -PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTERS 15 -POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

PLEASE NOTE CHAPTER 16 READINGS NEED TO BE COMPLETED BEFORE APRIL 9TH IN ORDER TO BE PREPARED FOR AN EARLIER SCHEDULED FINAL EXAM DATE.

Week Fifteen and Sixteen April 8 through April 21

- LANGUAGE AND THOUGHT (CHAPTER 16)
 - The elements of the treatment process
 - Insight therapies
 - Behaviour therapies
 - Biomedical therapies
 - Current trends and issues in treatment
 - Institutional treatment in transition
 - Mental illness, the revolving door, and homelessness
 - Putting it in perspective: Themes 2 and 5
- END OF CONFERENCE CALLS
- COMPLETION OF MINDTAP: CHAPTER 16 -PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK, VIDEO: EARLY CHILDHOOD LANGUAGE DEVELOPMENT (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTAP: CHAPTERS 16 -POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)
- **FINAL EXAM - CHAPTERS 13 THROUGH 16 (TBA AT THE SAME TIME PYSC 100 FACE-TO-FACE STUDENTS WRITE. TO BE WRITTEN IN THE COLLEGE GYM.)**
- PLEASE NOTE CHAPTER 16 READINGS NEED TO BE COMPLETED BEFORE APRIL 9TH IN ORDER TO BE PREPARED FOR AN EARLIER SCHEDULED FINAL EXAM DATE.
- END OF COURSE (NO ASSIGNMENTS ARE ACCEPTED AFTER APRIL 21ST)

How to access your MindTap course

Introduction to Psychology 101 (2017 ONLINE)

Instructor: James McClelland

Start Date: 01/01/2017

What is MindTap?

MindTap empowers you to produce your best work - consistently.

MindTap is designed to help you master the material. Interactive videos, animations, and activities create a learning path designed by your instructor to guide you through the course and focus on what's important. Get started today!

Registration

- 1 Connect to <https://login.nelsonbrain.com/course/MTPQG5SP9NRB>
- 2 Follow the prompts to register your MindTap course.
- 3

Payment

After registering for your course, you will need to pay for access using one of the options below:

Online: You can pay online using a credit or debit card, or PayPal.

Bookstore: You may be able to purchase access to MindTap at your bookstore. Check with the bookstore to find out what they offer for your course.

If you already registered an access code or bought MindTap online, the course key to register for this course is: MTPQ-G5SP-9NRB

System Check

To check whether your computer meets the requirements for using MindTap, go to <http://ng.cengage.com/static/browsercheck/index.html> Please Note: the System Check is also accessible in the drop down box next to your name located in the upper right corner of your MindTap page.